



Providing an inclusive environment for a community to come together through involvement, support, and fellowship.

May

Hours: Monday-Thursday 6am-9pm
 Friday 6am-6pm
 Saturday 7am-4pm
 419-943-7400

For program details & registration, please visit
www.theleipsiccenter.org

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sunday
		1 Chair Yoga 9:30am Gym Closed 9-11am Cardio Aerobics HIIT 4:45pm Cardio Drum 5:30pm	2 Fitness Training 10:30am Gym Closed 6-7pm	3 Pickleball 8-11am Rock Steady 12:30-3pm	4 Crafts with Sharon 10:30-1:30pm	
6 No morning Pickleball Rock Steady 12:30-3pm Painting class 5:30pm K&C 6pm Pickleball 7-9pm	7 Chair Yoga 10am Ask an Advocate 3-5pm Pound & Tone 4:45pm Yoga S&F 5:30pm Gym Closed all day Sunbeams Graduation 6pm	8 Chair Yoga 9:30am Bingo 1pm Cardio Aerobics HIIT 4:45pm Cardio Drum 5:30pm Watercolors 6:30pm	9 Fitness Training 10:30am Free Clinic 4-8pm	10 Pickleball 8-11am Computer lab w/Jeff 1-4pm appoint ONLY Rock Steady 12:30-3pm	11 K&C 8:30am Pound & Tone 9am	
13 Pickleball 8-11am Rock Steady 12:30-3pm K&C 6pm Pickleball 7-9pm	14 Chair Yoga 10am Pound & Tone 4:45pm Yoga S&F 5:30pm Men's gym 7-9pm Fitness Training 7pm	15 Chair Yoga 9:30am Cardio Aerobics HIIT 4:45pm Cardio Drum 5:30pm	16 Fitness Training 10:30am	17 Pickleball 8-11am Senior Movie Day 1pm Rock Steady 12:30-3pm	18 Pound & Tone 9am	
20 Pickleball 8-11am Rock Steady 12:30-3pm K&C 6pm Pickleball 7-9pm WAPF Mtg 7pm-Cafe	21 Ask an Advocate 3-5pm Pound & Tone 4:45pm Yoga S&F 5:30pm Men's gym 7-9pm	22 Chair Yoga 9:30am Computer lab 1-4apt. ONLY Cardio Aerobics HIIT 4:45pm Cardio Drum 5:30pm	23 Fitness Training 10:30am Hearing aid cleaning 4pm	24 Pickleball 8-11am Rock Steady 12:30-3pm	25 K&C 8:30am Pound & Tone 9am	
27 CLOSED FOR MEMORIAL DAY	28 Rock Steady 12:30-3pm Pound & Tone 4:45pm Fitness Training 7pm Men's gym 7-9pm	29 Chair Yoga 9:30am Bingo 1pm Cardio Aerobics HIIT 4:45pm Community Meal 5pm Cardio Drum 5:30pm Create with me 6:30pm	30 Fitness Training 10:30am	31 Pickleball 8-11am Rock Steady 12:30-3pm		

